



January 1, 2023

## Changes coming to your plan's pharmacy drug lists

There will be changes to the **Aetna Health Exchange Plan** drug list that applies to your plan starting on **January 1, 2023**. It's important that you review the changes in the chart below. Talk to your health care provider about how these changes might impact you.

### What if I need a prescription drug that requires a medical exception?

You or your prescriber can request a medical exception to the changes in this letter. If you would like to ask for an exception, talk with your prescriber. Or, you can call us at the toll-free number on your Member ID card.

We'll contact you and your prescriber with our decision. If we approve your exception, you will pay your plan copay or cost-share. But first you must meet any deductible or out-of-pocket requirements of your pharmacy plan.

### How to find a preferred medicine that's right for you

You can visit the website that's shown on your member ID card. Then log in to your account. To better understand how your plan's pharmacy benefits work, call us at the number on your member ID card.

**The changes made to the prescription drugs in this chart are from the plan information we have for you. It is current as of the date of this letter.**

**UPPER CASE** = brand-name medication

**lower case** = generic medication

| Prescription Drug                               | Change(s)                                           |
|-------------------------------------------------|-----------------------------------------------------|
| ADVAIR HFA                                      | Non-formulary drug                                  |
| alogliptin / pioglitazone                       | Non-preferred generic drug; Step therapy applies    |
| ALTABAX                                         | Non-preferred brand drug                            |
| ALVESCO                                         | Non-formulary drug                                  |
| ANADROL-50                                      | Non-formulary drug                                  |
| bac                                             | Non-formulary drug                                  |
| BARACLUDE                                       | Preferred specialty drug; Preauthorization required |
| BESIVANCE                                       | Non-formulary drug                                  |
| BRILINTA                                        | Non-formulary drug                                  |
| butalbital / acetaminophen                      | Non-formulary drug                                  |
| butalbital / acetaminophen / caffeine           | Non-formulary drug                                  |
| butalbital / acetaminophen / caffeine / codeine | Non-formulary drug                                  |
| butalbital / aspirin / caffeine                 | Non-formulary drug                                  |
| ciclodan                                        | Non-formulary drug                                  |
| ciclopirox nail lacquer                         | Non-formulary drug                                  |

| <b>Prescription Drug</b>                                     | <b>Change(s)</b>                                                                            |
|--------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| COMETRIQ                                                     | Non-formulary drug                                                                          |
| CYCLOSET                                                     | Non-formulary drug                                                                          |
| cyclosporine ophthalmic emulsion                             | Preferred generic drug; Preauthorization required                                           |
| dabigatran etexilate                                         | Non-formulary drug                                                                          |
| DELSTRIGO                                                    | Non-preferred brand drug; Quantity limits apply. You can fill up to 30 tabs every 30 days   |
| desoximetasone                                               | Non-preferred generic drug                                                                  |
| DEXCOM G4 PLATINUM PEDIATRIC RECEIVER KIT                    | Non-formulary drug                                                                          |
| DEXCOM G4 PLATINUM PEDIATRIC RECEIVER KIT / SHARE            | Non-formulary drug                                                                          |
| DEXCOM G4 PLATINUM RECEIVER KIT                              | Non-formulary drug                                                                          |
| DEXCOM G4 PLATINUM RECEIVER KIT / SHARE                      | Non-formulary drug                                                                          |
| DEXCOM G4 PLATINUM TRANSMITTER KIT                           | Non-formulary drug                                                                          |
| DEXCOM G4 SENSOR KIT                                         | Non-formulary drug                                                                          |
| DEXCOM G5 MOBILE / G4 PLATINUM SENSOR KIT                    | Non-formulary drug                                                                          |
| DEXCOM G5 MOBILE TRANSMITTER KIT                             | Non-formulary drug                                                                          |
| DEXCOM G5 RECEIVER KIT                                       | Non-formulary drug                                                                          |
| DEXCOM G6 RECEIVER                                           | Non-formulary drug                                                                          |
| DEXCOM G6 SENSOR                                             | Non-formulary drug                                                                          |
| DEXCOM G6 TRANSMITTER                                        | Non-formulary drug                                                                          |
| dexlansoprazole                                              | Non-formulary drug                                                                          |
| diazepam rectal gel                                          | Non-preferred generic drug                                                                  |
| DULERA                                                       | Non-preferred brand drug; Quantity limits apply. You can fill up to 1 package every 30 days |
| DYANAVAL XR                                                  | Non-preferred brand drug; Quantity limits apply. You can fill up to 240 mL every 30 days    |
| ENLITE GLUCOSE SENSOR                                        | Non-formulary drug                                                                          |
| entecavir                                                    | Preauthorization required                                                                   |
| ergoloid mesylates                                           | Non-formulary drug                                                                          |
| ERIVEDGE                                                     | Non-formulary drug                                                                          |
| esgic                                                        | Non-formulary drug                                                                          |
| EVERSENSE SENSOR / HOLDER                                    | Non-formulary drug                                                                          |
| EVERSENSE SMART TRANSMITT                                    | Non-formulary drug                                                                          |
| FARYDAK                                                      | Non-formulary drug                                                                          |
| flavoxate hcl                                                | Non-formulary drug                                                                          |
| FREESTYLE LIBRE 14 DAY / READER / FLASH MONITORING SYSTEM    | Non-formulary drug                                                                          |
| FREESTYLE LIBRE 14 DAY / SENSOR / FLASH MONITORING SYSTEM    | Non-formulary drug                                                                          |
| FREESTYLE LIBRE 2 / READER / FLASH GLUCOSE MONITORING SYSTEM | Non-formulary drug                                                                          |

| <b>Prescription Drug</b>                                     | <b>Change(s)</b>                                                                                                                                                                                                                              |
|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FREESTYLE LIBRE 2 / SENSOR / FLASH GLUCOSE MONITORING SYSTEM | Non-formulary drug                                                                                                                                                                                                                            |
| FREESTYLE LIBRE 3 / SENSOR                                   | Non-formulary drug                                                                                                                                                                                                                            |
| FUZEON                                                       | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN CONNECT TRANSMITTER                                 | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN LINK 3                                              | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN REAL-TIME REPLACEMENT MONITOR                       | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN REAL-TIME REPLACEMENT MONITOR PEDIATRIC             | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN SENSOR (3)                                          | Non-formulary drug                                                                                                                                                                                                                            |
| GUARDIAN TRANSMITTER                                         | Non-formulary drug                                                                                                                                                                                                                            |
| ICLUSIG                                                      | Non-formulary drug                                                                                                                                                                                                                            |
| IDHIFA                                                       | Non-formulary drug                                                                                                                                                                                                                            |
| ivermectin                                                   | Non-preferred generic drug; Preauthorization required                                                                                                                                                                                         |
| JENTADUETO XR                                                | Non-formulary drug                                                                                                                                                                                                                            |
| JUBLIA                                                       | Non-formulary drug                                                                                                                                                                                                                            |
| lapatinib ditosylate                                         | Non-formulary drug                                                                                                                                                                                                                            |
| lindane                                                      | Non-formulary drug                                                                                                                                                                                                                            |
| MALE CONDOMS                                                 | Quantity limits apply. You can fill up to 12 condoms every 25 days;<br>For clients that have adopted the Affordable Care Act (ACA) Women's Preventive Services Benefit, this product will be covered without cost sharing with a prescription |
| methylestosterone                                            | Non-formulary drug                                                                                                                                                                                                                            |
| mexiletine hydrochloride                                     | Non-formulary drug                                                                                                                                                                                                                            |
| MINILINK REAL-TIME TRANSMITTER                               | Non-formulary drug                                                                                                                                                                                                                            |
| MINIMED 630G GUARDIAN PRESS STARTER TRANSMITTER KIT          | Non-formulary drug                                                                                                                                                                                                                            |
| morphine sulfate er                                          | Non-formulary drug                                                                                                                                                                                                                            |
| NUCYNTA                                                      | Non-formulary drug                                                                                                                                                                                                                            |
| NUCYNTA ER                                                   | Non-formulary drug                                                                                                                                                                                                                            |
| NUEDEXTA                                                     | Non-formulary drug                                                                                                                                                                                                                            |
| ODEFSEY                                                      | Non-formulary drug                                                                                                                                                                                                                            |
| ONGENTYS                                                     | Non-preferred brand drug                                                                                                                                                                                                                      |
| PARADIGM REAL-TIME TRANSMITTER                               | Non-formulary drug                                                                                                                                                                                                                            |
| phrenilin forte                                              | Non-formulary drug                                                                                                                                                                                                                            |
| PICATO                                                       | Non-formulary drug                                                                                                                                                                                                                            |
| pimecrolimus                                                 | Non-preferred generic drug; Preauthorization required                                                                                                                                                                                         |
| PRADAXA                                                      | Non-formulary drug                                                                                                                                                                                                                            |
| PRED-G                                                       | Non-formulary drug                                                                                                                                                                                                                            |
| QELBREE                                                      | Non-preferred brand drug; Preauthorization required; Quantity limits apply. You can fill up to 60 caps every 30 days                                                                                                                          |
| quinidine sulfate                                            | Non-formulary drug                                                                                                                                                                                                                            |
| REBIF                                                        | Non-formulary drug                                                                                                                                                                                                                            |

| <b>Prescription Drug</b>      | <b>Change(s)</b>                                                                          |
|-------------------------------|-------------------------------------------------------------------------------------------|
| REBIF REBIDOSE                | Non-formulary drug                                                                        |
| REBIF REBIDOSE TITRATION PACK | Non-formulary drug                                                                        |
| REBIF TITRATION PACK          | Non-formulary drug                                                                        |
| RESTASIS                      | Non-formulary drug                                                                        |
| RESTASIS MULTIDOSE            | Non-formulary drug                                                                        |
| SIMPONI                       | Non-formulary drug                                                                        |
| SOF-SENSOR                    | Non-formulary drug                                                                        |
| STIOLTO RESPIMAT              | Non-formulary drug                                                                        |
| SYMITUZA                      | Non-preferred brand drug; Quantity limits apply. You can fill up to 30 tabs every 30 days |
| SYNJARDY                      | Non-formulary drug                                                                        |
| SYNJARDY XR                   | Non-formulary drug                                                                        |
| TARGRETIN                     | Non-formulary drug                                                                        |
| tencon                        | Non-formulary drug                                                                        |
| tolcapone                     | Non-formulary drug                                                                        |
| TOVIAZ                        | Non-formulary drug                                                                        |
| TRESIBA                       | Non-formulary drug                                                                        |
| TRESIBA FLEXTOUCH             | Non-formulary drug                                                                        |
| UBRELVY                       | Non-preferred brand drug; Step therapy applies                                            |
| UPTRAVI                       | Non-formulary drug                                                                        |
| VASCEPA                       | Non-formulary drug                                                                        |
| VIIBRYD                       | Non-formulary drug                                                                        |
| VIMPAT                        | Non-formulary drug                                                                        |
| VIVITROL                      | Non-formulary drug                                                                        |
| VOTRIENT                      | Non-formulary drug                                                                        |
| VYVANSE                       | Non-formulary drug                                                                        |
| XELJANZ                       | Non-formulary drug                                                                        |
| XELJANZ XR                    | Non-formulary drug                                                                        |
| XEPI                          | Non-preferred brand drug; Preauthorization required                                       |
| XOLAIR                        | Non-formulary drug                                                                        |
| zebutal                       | Non-formulary drug                                                                        |
| ZEJULA                        | Non-formulary drug                                                                        |
| ZELBORAF                      | Non-formulary drug                                                                        |
| ZIRGAN                        | Non-formulary drug                                                                        |
| ZOLINZA                       | Non-formulary drug                                                                        |
| ZYDELIG                       | Non-formulary drug                                                                        |
| ZYKADIA                       | Non-formulary drug                                                                        |
| ZYLET                         | Non-formulary drug                                                                        |

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Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll-free number on the back of your member ID card.

Information is subject to change. In accordance with state law, changes to drug coverage are not effective for commercial fully insured plans (including HMOs) in Louisiana, New York, Texas, and in most circumstances Connecticut, until the plans' renewal date.

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**Policy forms issued in Oklahoma include:** AL OK HCOC, HC COC00010.

**Policy forms issued in Missouri include:** AL HGrpPol 01R5, HI HGrpAg 05, HO HGrpPol 04, HO GrpPolAmend-ThirdPartyPay 01, AL SG GrpPolAmend 2019 01, HI HGrpAg SG 01R, HI SG GrpAgAmend 2019 01.

AL IVL HPOL-1A-2022-EPO-HIX 01, AL IVL-SOB-1A-EPO-HIX 01, AL IVL-SOB-1A-EPO-NA \$0-HIX 01, AL IVL HPOL-1A-2022-EPO 01, AL IVL-SOB-1A-EPO 01.

TTY:711

| English                 | To access language services at no cost to you, call the number on your ID card.                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| Albanian                | Për shërbime përkthimi falas për ju, telefononi në numrin që gjendet në kartën tuaj të identitetit.                                   |
| Amharic                 | የ ቋንቋ አገልግሎትን ያለክፍያ ለማግኘት፣ በመታወቂያዎች ላይ ያለውን ቁጥር ይደውሉ፡፡                                                                                |
| Arabic                  | للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء الاتصال على الرقم الموجود على بطاقة اشتراكك.                                          |
| Armenian                | Ձեր նախընտրած լեզվով ավել՛քար խորհրդատվություն ստանալու համար գանգահարեք ձեր բժշկական ապահովագրության քարտի վրա նշված հեռախոսահամարով |
| Bantu-Kirundi           | Kugira uronke serivisi z'indimi ata kiguzi, hamagara inomero iri ku karangamuntu kawe                                                 |
| Bengali                 | আপনাকে বিনামূল্যে ভাষা পরিষেবা পেতে হলে আপনার পরিচয়পত্রে দেওয়া নম্বরে টেলিফোন করুন।                                                 |
| Burmese                 | သင့်အနေဖြင့် အခကြေးငွေ မပေးရဲဘဲ ဘာသာစကားဝန်ဆောင်မှုများ ရရှိနိုင်ရန်၊ သင့် ID ကတ်ပေါ်တွင်ရှိသော ဖုန်းနံပါတ်အား ခေါ်ဆိုပါ။             |
| Catalan                 | Per accedir a serveis lingüístics sense cap cost per a vostè, telefoni al número indicat a la seva targeta d'identificació.           |
| Cebuano                 | Aron maakses ang mga serbisyo sa lengguwahe nga wala kay bayran, tawagi ang numero nga anaa sa imong kard sa ID.                      |
| Chamorro                | Para un hago' i setbision lengguañhi ni dibåtde para hægu, ågang i numiru gi iyo-mu kard aidentifikasion.                             |
| Cherokee                | ᄆᄃᄇᄀ ᄅᄊᄃᄀᄇᄀ ᄇᄀᄃᄀᄇᄀ ᄇᄀ ᄇᄀᄃᄀ ᄇᄀᄃᄀᄇᄀ ᄇᄀ, ᄇᄀᄃᄀᄇᄀ ᄇᄀᄃᄀ ᄇᄀᄃᄀ ᄇᄀᄃᄀᄇᄀ ᄇᄀᄃᄀ ᄇᄀᄃᄀ ᄇᄀᄃᄀᄇᄀ ᄇᄀᄃᄀ.                                                  |
| Chinese Traditional     | 如欲使用免費語言服務，請撥打您健康保險卡上所列的電話號碼                                                                                                          |
| Choctaw                 | Anumpa tosholi i toksvli ya peh pilla ho ish i payahinla kvt chi holisso kallo iskitini holhtena takanli ma i payah                   |
| Chuukese                | Ren omw kopwe angei aninisin eman chon awewei (ese kamé), kopwe kééri ewe nampa mei mak won noum ena katen ID                         |
| Cushitic-Oromo          | Tajaajiiloota afaanii gatii bilisaa ati argaachuuf,lakkoofsa fuula waraaqaa eenyummaa (ID) kee irraa jiruun bilbili.                  |
| Dutch                   | Voor gratis taaldiensten, bel het nummer op uw ziekteverzekeringskaart.                                                               |
| French                  | Pour accéder gratuitement aux services linguistiques, veuillez composer le numéro indiqué sur votre carte d'assurance santé.          |
| French Creole (Haitian) | Pou ou jwenn sèvis gratis nan lang ou, rele nimewo telefòn ki sou kat idantifikasyon asirans sante ou.                                |
| German                  | Um auf den für Sie kostenlosen Sprachservice auf Deutsch zuzugreifen, rufen Sie die Nummer auf Ihrer ID-Karte an.                     |
| Greek                   | Για πρόσβαση στις υπηρεσίες γλώσσας χωρίς χρέωση, καλέστε τον αριθμό στην κάρτα ασφάλισής σας.                                        |
| Gujarati                | તમારે કોઇ પણ જાતના ખર્ચ વિના ભાષા સેવાઓ મેળવવા માટે, તમારા આઈડી કાર્ડ પર રહેલ નંબર પર કોલ કરવો.                                       |

|                      |                                                                                                                                                                 |
|----------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hawaiian             | No ka wala'au 'ana me ka lawelawe 'ōlelo e kahea aku i ka helu kelepona ma kāu kāleka ID. Kāki 'ole 'ia kēia kōkua nei.                                         |
| Hindi                | बिना किसी कीमत के भाषा सेवाओं का उपयोग करने के लिए, अपने आईडी कार्ड पर दिए नंबर पर कॉल करें।                                                                    |
| Hmong                | Yuav kom tau kev pab txhais lus tsis muaj nqi them rau koj, hu tus naj npawb ntawm koj daim npav ID.                                                            |
| Igbo                 | Inweta enyemaka asụsụ na akwughi ugwo obula, kpoo nomba no na kaadi njirimara gi                                                                                |
| Ilocano              | Tapno maakses dagiti serbisio ti pagsasao nga awanan ti bayadna, awagan ti numero nga adda ayan ti ID kardmo.                                                   |
| Indonesian           | Untuk mengakses layanan bahasa tanpa dikenakan biaya, silakan hubungi nomor telepon di kartu asuransi Anda.                                                     |
| Italian              | Per accedere ai servizi linguistici senza alcun costo per lei, chiami il numero sulla tessera identificativa.                                                   |
| Japanese             | 無料の言語サービスは、IDカードにある番号にお電話ください。                                                                                                                                  |
| Karen                | လၢတၢ်ကမၤန့ၢ်ဂၢ်တၢ်မၤစၢၤအတၢ်ဖဲတၢ်မၤတဖၣ်<br>လၢတအိၣ်ဒီးအပူၤလၢနကတၢ်ဟ့ၣ်အီၤအဂီၢ်,ကိးဘၣ်လီၤတဖၣ်နီၣ်ဂံၢ်လၢအအိၣ်လၢနခိၣ်ဂီၤ (ID) အလီၤန့ၣ်တက့ၢ်.                          |
| Korean               | 무료 다국어 서비스를 이용하려면 보험 ID 카드에 수록된 번호로 전화해 주십시오.                                                                                                                   |
| Kru-Bassa            | I nyuu kosna mahola ni language services ngui nsaa wogui wo, sebel i nsinga i ye ntilga i kat yong matibla                                                      |
| Kurdish              | بۆ دەستگیر ئەگەشتن بە خزمەتگوزاری زمان بەبێ تێچوون بۆ تۆ، پەیوەندی بکە بە ژمارەی سەر ئای دی (ID) کارتێ خۆت.                                                     |
| Lao                  | ເພື່ອເຂົ້າເຖິງບໍລິການພາສາທີ່ບໍ່ເສຍຄ່າ, ໃຫ້ໃບທາດປີໃຫຍ່ໃນບັດປະຈຳຕົວຂອງທ່ານ.                                                                                       |
| Marathi              | आपल्याला कोणत्याही शुल्काशिवाय भाषा सेवांपर्यंत पोहोचण्यासाठी, आपल्या ID कार्डावरील क्रमांकावर फोन करा.                                                         |
| Marshallese          | Nan bōk jipañ kōn kajin ilo an ejjelōk wōṇean ñan kwe, kwōn kallok nōmba eo ilo kaat in ID eo am.                                                               |
| Micronesia-Ponapean  | Pwehn alehdi sawas en lokaia kan ni sohte pweipwei, koahlih nempe nan amhw doaropwe en ID.                                                                      |
| Mon-Khmer, Cambodian | ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរសព្ទទៅកាន់លេខដែលមាននៅលើប័ណ្ណសម្គាល់ខ្លួនរបស់លោកអ្នក។                                                |
| Navajo               | T'áá ni nizaad k'ehjí bee níká a'doowoł doo bááh ílínígóó naaltsoos bee atah nílíggo nanitinígíí bee néého'dółzinígíí béesh bee hane'í biká'ígíí áaji' hólne'.  |
| Nepali               | भाषासम्बन्धी सेवाहरूमाथि निःशुल्क पहुँच राख्न आफ्नो कार्डमा रहेको नम्बरमा कल गर्नुहोस्।                                                                         |
| Nilotic-Dinka        | Të koor yin ran de wëër de thokic ke cîn wëu kor keek tënɔŋ yin. Ke yin col ran ye koc kuony në namba de abac tō në ID kard duɔn de tīt de nyin de panakim kōu. |
| Norwegian            | For tilgang til kostnadsfri språktjenester, ring nummeret på ID-kortet ditt.                                                                                    |
| Pennsylvanian-Dutch  | Um Schprooch Services zu griege mitaus Koscht, ruff die Nummer uff dei ID Kaart.                                                                                |

[illegible]

Aetna complies with applicable Federal civil rights laws and does not discriminate, exclude or treat people differently based on their race, color, national origin, sex, age, or disability.

Aetna provides free aids/services to people with disabilities and to people who need language assistance.

If you need a qualified interpreter, written information in other formats, translation or other services, call the number on your ID card.

If you believe we have failed to provide these services or otherwise discriminated based on a protected class noted above, you can also file a grievance with the Civil Rights Coordinator by contacting:

Civil Rights Coordinator,  
P.O. Box 14462, Lexington, KY 40512 (CA HMO customers: PO Box 24030 Fresno, CA 93779),  
1-800-648-7817, TTY: 711,  
Fax: 859-425-3379 (CA HMO customers: 860-262-7705), [CRCoordinator@aetna.com](mailto:CRCoordinator@aetna.com).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, or at 1-800-368-1019, 800-537-7697 (TDD).

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